Youth Exchange Programme

Timing	DAY 1 Mon	DAY 2 Tue	DAY 3 Wed	DAY 4 Thurs	DAY 5 Fri	DAY 6 Sat	DAY 7 Son	DAY 8 Mon	DAY 9 Tue	DAY 10 Wed
08:30	**Arrival of Participants**	**Breakfast**								**Departure of Participants**
09:30		Getting to know the program-	Violence what does it mean to us	Visit to Coimbra City Tour Youth Institute and University	Introducing to Coaching Process	Departure to Santarém	Fátima	Departure to Lisbon and visit of the city	Tábua Welcome at the City hall	
11:00		**Coffee – Break**			**Coffee – Break**					
11:30		Expectations Hopes and fears - Ice breaker	Discussion and role play		Team work Communication	Welcome at the Casa da Europa do Ribatejo				
13:00		**Lunch**								
15:00		Neighbour's Day Interactive Presentations	How to deal with violence Multinational Comparison	Talk with experts at one of the Colleges of the University	Coaching Process: Motivation; Evaluation	Visit of the city	Nazaré Beach Free time	Visit of the city	Cultural reception programme organized by local partners	
16:30	**Welcome**	**Coffee – Break**			**Coffee Break**					
17:00	Accommo-dation Tour	Visit of the town	Preparing the theatre event		Coaching in Practice					
18:30	Getting to know each other	Gender Run - Treasure Hunt	Peer education: How can we meet European Values	Evaluation	Action Plan: Follow up				Final Evaluation	
19:30	**Dinner**									
20:45	Hand out of multilingual booklets "Interrules" and "Interdictio"	Peer Café Preparing the theatre event	Peer Café Holland night	Peer Café Spanish night	Peer Café German night	Preparing the theatre event	Free time	Departure to Tábua	Theatre event and Farewell Party Getting to miss each other	